



SOUTH COAST DIZZY CLINIC

EXPERTS IN VERTIGO AND BALANCE

Patient Resource

South Coast Dizzy Clinic is a specialised allied health clinic that assesses and manages all types of vertigo, dizziness, and impaired balance. Vestibular physiotherapists are highly experienced and specially trained health professionals that work closely with ENT and neurology specialists, along with GPs.

Vertigo and dizziness are common conditions that affects up to 35% of people over the age of 40. Vertigo can impact someone's life significantly, with 86% of people experiencing interruptions to their daily activities and work. Someone suffering from vertigo is 8x more likely to experience a fall, which can lead to severe injuries – especially in the elderly population.

Vertigo and dizziness related conditions can be quite symptomatic and disruptive to individuals, but fortunately they can be treated by our vestibular physiotherapists with evidence-based, safe, and effective treatments that is completed within the clinic. Below are some of the causes for vertigo, dizziness, and impaired balance that we manage at South Coast Dizzy Clinic.

- BPPV
- Vestibular Neuritis / Labyrinthitis
- Peripheral Vestibular Hypofunction
- Vestibular Migraines
- PPPD
- Meniere's Disease
- Headaches and Migraines
- And other neurological and vestibular related conditions

Please explore of website for more comprehensive explanations of our services and specific vestibular conditions – www.dizzysc.com.au

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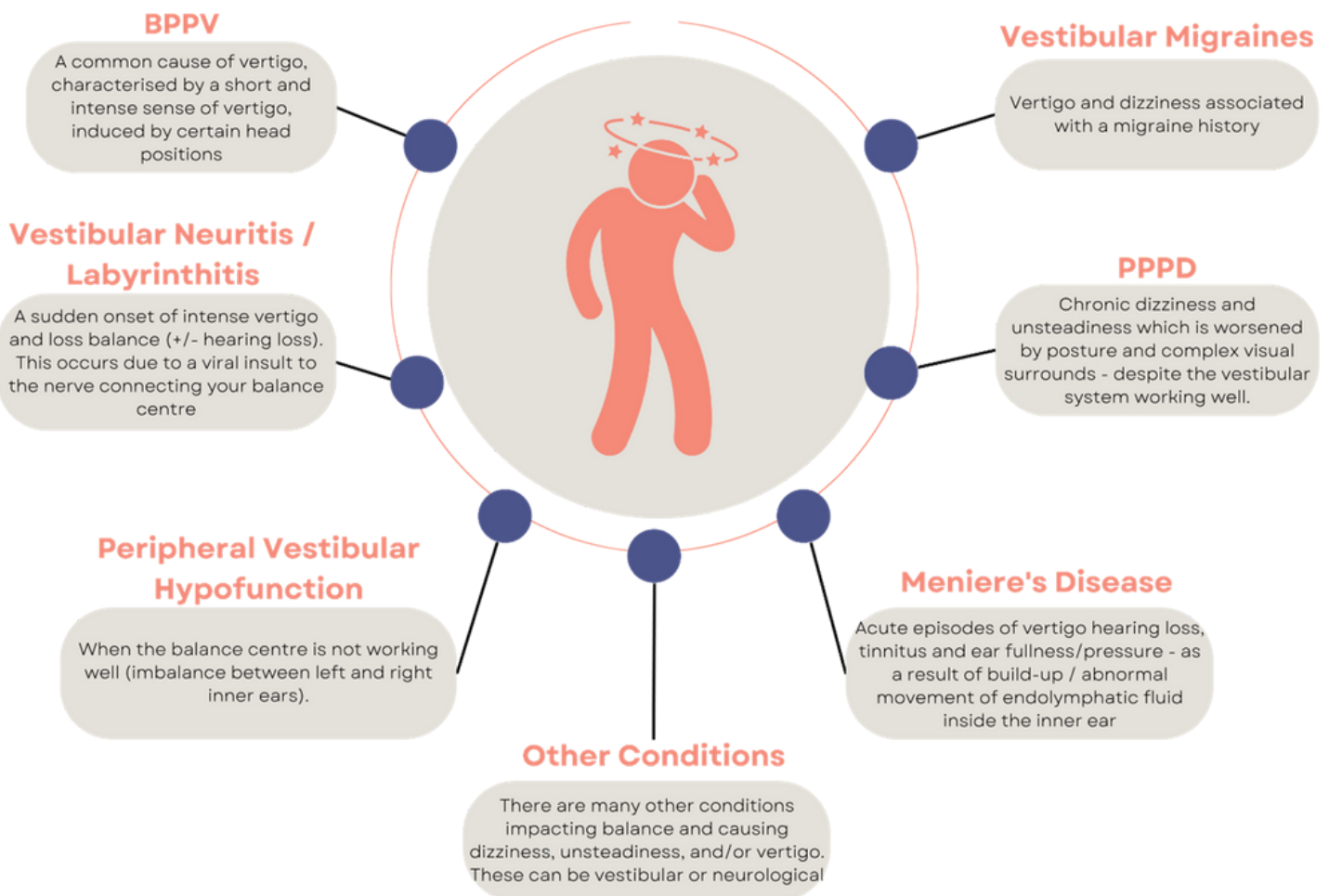
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